



Falcon Children's Home D.B.A.

Falcon Christian Academy

Local School Wellness Policy Triennial Assessment

June 30, 2024

FCA STUDENT WELLNESS POLICY OVERVIEW

Falcon Christian Academy (FCA) understands the important role a school district plays in promoting and supporting overall health and well-being of students, which includes physical health. Cameron Leggett, Athletic Director, serves as the schools lead with oversight of the Student Wellness Policy and triennial assessment. He works with the school nurse, house parents, case managers, and child nutrition administrator to implement the physical health and wellness of students in the school. Falcon Christian Academy's Local Wellness Policy gives the outline in which all state and federal requirements for student wellness is included in the following:

- **FCA Wellness Committee-** helps to plan, implement, promote, and monitor this policy as well as other health and nutrition issues within the school district. The committee serves as advisors on student health issues and works in conjunction with the school administrators, house parents, case managers, child nutrition administrator, Board and Stake holders to improve student and employees' wellness. The committee reviews this policy every three years. The following people serve as members of the committee:
 - Michelle Johnson, Principal, FCA
 - Sprunt Hill, Superintendent, FCA
 - Joseph Leggett, CEO, Falcon Children's Home
 - Patrick Womack, COO, Falcon Children's Home
 - Cameron Leggett, Athletic Director, FCA, Falcon Children's Home
 - Annette Lynn, Child Nutrition Administrator, FCA, Falcon Children's Home
 - Nate Thompson, Director of Campus Life, Falcon Children's Home
 - Janel Jackson, Nurse, FCA, Falcon Children's Home
 - Casey Strickland, Pastor, Culbreth Memorial Church
 - Garland Slate, Alumni President, Falcon Children's Home
 - Ben Leal, Student, FCA
 - Kirah Williams, Student, FCA
 - Eddie Carter, Case Manager, Falcon Children's Home

Local Wellness Policy

Falcon Christian Academy

June 29, 2024

It is the policy of the board to promote student wellness by providing assurance that the school meals meet the nutrition guidelines or surpass the minimum federal school meal standards, and to include regular physical activity as part of the total learning environment. To accomplish these goals, Falcon Christian Academy will implement and continue the following to help promote this important endeavor:

- School nutrition programs will comply with applicable federal, state, and local requirements and will be accessible to all students.
- Nutrition education will be provided and promoted
- Foods and beverages made available at the school during the school day will be consistent with the Dietary Guidelines for Americans, meal patterns and nutrition standards of the USDA.
- Food and beverages made available at the school will adhere to food safety and food defense security guidelines.
- The school environment will be safe, comfortable, and allow adequate time for eating meals.
- Food will not be used as a reward or punishment.
- The school will encourage all students to participate in school meal programs and protect the identity of students who eat free or reduced-price meals.
- School-based activities will be consistent with this policy.
- Physical activity will be included outside of formal physical education.

Triennial Progress Assessments

At least once every three years, Falcon Christian Academy will evaluate compliance with wellness policy to assess the implementation of the policy to include:

- The extent to which Falcon Christian Academy is in compliance with the wellness policy.
- The extent to which Falcon Christian Academy's wellness policy compared to the model wellness policy; and
- A description of the progress made in attaining the goals of Falcon Christian Academy's policy.